

Benefits of drinking **TART CHERRY JUICE**



Helps post-workout **recovery**

Protects against muscle damage

Richest **anti-inflammatory** content of any food

Fights **inflammation** and arthritis pain

Boosts **immunity**

Regulates **metabolism** and fights fat

Fights **insomnia**

Promotes **healthy blood pressure**

Rich in **nutrients**.*

Mix it up!

4 J's And A Cherry

Cherry juice, cranberry juice, orange juice, pineapple juice

Cherry Bing

Cherry juice, orange juice, water, sparkling cherry spritzer, honey, lime juice, mint leaves

Cherry Shirley Temple

Splash cherry juice, lemon-lime soda, maraschino cherry on top

Now Available!

Cherry Bay
16 oz Tart Cherry Concentrate

12 ct
Item #15657



**An 8-ounce serving of cherry juice contains 119 calories, 28g carbs, 5g fiber, 2g protein, 1g fat, vitamin A: 62%, vitamin C: 40%, manganese: 14%, potassium: 12%, copper: 12%, vitamin K: 7%*