

## Personal Watermelons

Crisp, succulent and sweet, personal watermelons are the perfect size for individual bowls.

## **HIGHLIGHTS**

- 90% water and contain vitamins A, C, and B-Complex with iron, fiber, and Arginine.
- When refrigerated, uncut melons will keep for up to two weeks after being harvested.
- Balance the sweetness of the watermelon in salads with feta cheese or herbs such as mint and basil.

