

Morel Mushrooms

Morel mushrooms are hollow and dome-shaped with a sponge-like texture and a nutty flavor. Morels range from yellow to gray to black or tan. Although the stem is edible, it is firm and not very tasty. All its nutty flavor is in the caps of the mushroom.

Serving Suggestions

Showcase the morel's flavor through a sauté with butter, salt and pepper.

Slice morels and cook in wine sauce to enhance delicious mouthwatering flavors.

Fresh morels add flavor and texture to sauces, meatless main dishes and stir-fry entrées.

Fresh morels can be served as an appetizer and impact a delicious gourmet flavor with a wonderful aroma.

