

FRESH  
IN SEASON



# FLORIDA GRAPEFRUIT

## DISCRIPTION

The flesh of a Florida grapefruit is sweet and juicy with a sour cherry aroma. The interior colors vary from white, to champagne, to deep red. Look for grapefruit with firm, smooth skin.

## HIGHLIGHTS

Grapefruit has a high water content, making it great choice for snacking, as it will help you feel satisfied.

When stored in the refrigerator, fresh Florida Grapefruit will last up to three weeks making it an easy choice when you need an energy boost on a busy day.

Use in baked dishes, or juice into cocktails, vinaigrettes, or frozen desserts.



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