

Starfruit, also known as the carambola, is easily identifiable from its bright yellow skin and star-like shape. Both varieties look similar but one is sweet and has a thicker skin and the other is sour. Fruit is ripe when it turns yellow and becomes firm.

USEAGE TIPS

Great raw. Can be made into relishes, preserves and juices. When cooked, gives meat, poultry and seafood dishes a zing.

NUTRITION Contains high levels of vitamin C.

Produce a Fresh Experience Together!



FRESE

IN SEASON

