

FRESH  
IN SEASON



# ALOE VERA

Aloe vera is an evergreen perennial that is used for agricultural and medicinal uses. It is used in beverages, cosmetics, and ointments.

## **USAGE TIPS**

Aloe vera juice supports digestive health

Widely used as a topical ointment for minor burns and sunburns

Promoted as a moisturizer and anti-irritant to reduce chafing

Grown as an ornamental plant; the succulent successfully grows indoors with little light



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