



LOCALLY GROWN

# LOCALLY GROWN CANTALOUPE



Sweeten up your summer with Indiana grown cantaloupe. Regionally local melons are in season July through August; these cantaloupes have the brightest flesh color and the sweetest, juiciest flavor. Look for a melon that is firm, heavy, and symmetrical without soft spots or bruising.

## APPLICATIONS

Eat diced, fresh by itself.

Muddle cantaloupe in lemonade or tea for a fresh melon flavor.

Make snacks fun for kids! Stack kabobs with cantaloupe, honeydew, and strawberries and serve with yogurt dip.



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