



Midwest  
Grown



# MIDWEST GROWN ASPARAGUS

Asparagus is grown for its young shoots, or spears, which are eaten as a vegetable. The asparagus plant is tall with scale like leaves emerging from the underground stem (rhizome) and has stout stems and feathery foliage. The flowers are bell shaped and occur alone or in pairs. They are green-white to yellow in color.

## Usage Tips

- Choose stalks with a purplish hue as they are sweeter and more tender.
- To cook, snap at a natural breaking point along the stalk.
- Best served tender to crisp as a side dish or in a salad.



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