

FRESH
IN SEASON

LEMON PLUMS



Lemon plums are very juicy and have a mild, sweet flavor when fully mature. Grown in Chile, the name suggests they have a sour flavor but are pleasantly sweet with a touch of tangerine on the finish. As they mature, the color at the tip grows to cover the whole fruit in a rosy red blush.

HIGHLIGHTS

Best eaten out of hand when fully ripened

While they are still yellow and have a crisp flesh, they hold texture in baking applications such as tarts and cakes.

Their nutrients help build a strong immune system, a healthy digestive system, lower cholesterol levels, and help prevent negative effects of free radicals.



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