

FRESH  
IN SEASON

# CASABA MELON



## DESCRIPTION

Casaba melon from California has a mildly sweet, juicy flavor that has a hint of cucumber. It has a furrowed golden-yellow rind and cream or pale green flesh. It is an excellent source of Vitamin C, B6, and potassium.

## HIGHLIGHTS

Choose melons that are firm with a small amount of softness at the stem end.

Add to a fruit or cucumber salad or pair with seafood for extra flavor flair.

Peak Season is July, but melons are available May-October.



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