





FUYU PERSIMMONS

Somewhat resembling a tomato, fuyu persimmons have a thin red-orange skin and soft flesh. The flavor is compared to a blend of mango and papaya: some say it has an apricot overtone while others say it tastes like an apple and orange mixed together.

Usage Tips

Excellent eaten alone and delicious made into sherbets, puddings, jams, and purees.

Nutrition Facts

Excellent source of fiber and contain lots of vitamin A. Fuyus are also a good source of vitamin C.

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